

CHRISTMAS/NEW YEAR 2010/2011 HOURS

TIME	CLASS	TIME	CHILDMINDING	HOT YOGA
MONDAY DATE: 19/12/2011				
5.30am - 8pm	Spin - (30mins) Shape N Tone CHRISTMAS CLASS	9.00am 9.30am 4.30pm	Childminding 9.00 - 11am CHILDMINDING CHRISTMAS PARTY Childminding 4.00 - 6.30pm	6.00am 9.15am 5.45pm
TUESDAY DATE: 20/12/2011				
5.30 - 8pm	Fatburner Gentle Exercise Boxercise Awesome Abs Spin TBW Pilates	9.30am 10.30am 4.30pm 5.15pm 5.30pm 5.45pm 6.30pm	Childminding 9.00 - 11am childminding 4.00-6.30	
WEDNESDAY DATE: 21/12/2011				
5.30 - 8pm	Spin - (30mins) Power Step moves Power	9.00am 9.30am 4.30pm 5.30pm	Childminding 9.00 - 11am Childminding 4.00 - 6.30pm	6.00am 9.15am 5.45pm
THURSDAY DATE: 22/12/2011				
5.30 - 8pm	TBW Gentle Exercise TBW	9.30am 10.30am 4.30pm	Childminding 9.00 - 11am Childminding 4.00 - 6.00pm	
FRIDAY DATE: 23/12/2011				
5.30 - 7pm	Cardio BAT	9.30am	Childminding 9.00 - 11am	6.00am 9.15am
SATURDAY DATE: 24/12/2011				
8.00 - 11am	Fatburner	8.30am	No childminding	
SUNDAY DATE: 25/12/2011				
XMAS DAY - CLOSED				
MONDAY DATE: 26/12/2011				
BOXING DAY - CLOSED				
TUESDAY DATE: 27/12/2011				
9.00 - 11am	Fatburner PUBLIC HOLIDAY	9.30am	No Childminding	
4.00 - 6pm				
WEDNESDAY DATE: 28/12/2011				
6.00 - 11.00	Power	9.30am	Childminding 9.00 - 11am	9.15am
4.00 - 7pm	Step moves	4.30pm	No Childminding	
THURSDAY DATE: 29/12/2011				
6.00 - 11.00	TBW	9.30am	Childminding 9.00 - 11am	
4.00 - 7pm	Spin/Condition	5.30pm	No Childminding	
FRIDAY DATE: 30/12/2011				
6.00 - 11.00	Fatburner	9.30am	Childminding 9.00 - 11am	9.15am
4.00 - 7pm				
SATURDAY DATE: 31/12/2011				
8.00 - 11.00	Fatburner	8.30am	No Childminding	
SUNDAY DATE: 1/1/2012				
NEW YEARS DAY - CLOSED				
**** 24 HOUR ACCESS CARD CAN BE USED ANY TIME THROUGH THE HOLIDAYS**** PTO ...				

GYM HOURS/ CLASS CHANGES FOR JANUARY

MONDAY		DATE: 2/1/2012		HOT YOGA
9.00 - 11am	Shape n Tone	9.30am	No childminding	
	PUBLIC HOLIDAY			
4.00 - 6.00pm				
TUESDAY		DATE: 3/1/2012		HOT YOGA
5.30 - 7pm	Step Boxercise Awesome Abs TBW	9.30am 4.30pm 5.15pm 5.30pm	Childminding 9.00 - 11am Childminding 4.00-6.30pm	
Wednesday		DATE: 4/1/2012		HOT YOGA
5.30 - 7pm	Power Step Awesome Abs Power	9.30am 4.30pm 5.15pm 5.30pm	Childminding 9.00 - 11am Childminding 4.00 - 6.00pm	6.00am 9.15am 5.45pm
THURSDAY		DATE: 5/1/2012		HOT YOGA
5.30 - 7pm	TBW Spin /condition	9.30am 5.30pm	Childminding 9.00 - 11am	
FRIDAY		DATE: 6/1/2012		HOT YOGA
5.30 - 7pm	Cardio BAT Shape n Tone	9.30am 10.15am	Childminding 9.00 - 11am	6.00am 9.15am
SATURDAY		07/01/2012		HOT YOGA
8.00 - 11.00	Fatburner Spin	8.30am 9.00am	Childminding 8.30 - 10.30am	8.15am
3.00 - 6pm				
SUNDAY		08/01/2012		HOT YOGA
CLOSED				
MONDAY		09/01/2012		
NORMAL HOURS				
FOR THE MONTH OF JANUARY WE WILL BE CLOSED ON SUNDAYS				

